



KAIMOSI FRIENDS UNIVERSITY
SECOND YEAR SPECIAL UNIVERSITY EXAMINATIONS
2025/2026 ACADEMIC YEAR

SPECIAL EXAMINATIONS

FOR THE DEGREE OF BACHELOR OF EDUCATION ARTS/SCIENCE

COURSE CODE: CIT 210

COURSE TITLE: INSTRUCTIONAL METHODS AND STRATEGIES

DAY/DATE: 17/6/2026

TIME: 3.00-5.00 p.m.

INSTRUCTIONS TO STUDENTS

1. Answer **QUESTION ONE** and **ANY OTHER TWO** questions from the choices given.
2. Phones, smart watches, earphones or any other unauthorized digital and AI gadgets and applications are **not allowed** in the examination room.
3. Answer all questions in the examination answer booklet provided.
4. Do not write on this question paper.
5. All KAFU examination rules and regulations apply.
6. DURATION OF EXAMINATION: **TWO (2) HOURS**

KAFU observes ZERO tolerance to examination cheating.

*This paper consists of **TWO** printed pages. Please turn over.*



Kaimosi Friends University (KAFU) is 9001:2015 certified

QUESTION ONE (COMPULSORY)

- (a) Distinguish the following terms as used in teaching and learning: (6 marks)
- i. Goal and objectives
 - ii. Teaching Approach and Teaching Strategy
 - iii. Teaching and Learning
- (b) Highlight **six** factors that can influence a teacher's choice of a teaching a method. (6marks)
- (c) Explain the difference between psychomotor and affective domains of learning. (6 marks)
- (d) State **six** characteristics of an effective teacher. (6 marks)
- (e) Defend the **three** forms of education. (6 marks)

QUESTION TWO

- a) As a teacher, explain the Systems Approach in relation to teaching. (6 marks)
- b) Explain any seven components of a classroom lesson as a system model. (14 marks)

QUESTION THREE

- a) Prepare a sample scheme of work for one week of six lessons in one of your teaching subjects. (14 marks)
- b) Explain the importance of preparing a scheme of work. (6 marks)

QUESTION FOUR

- a) Using classroom examples discuss three types of evaluation. (6 marks)
- b) Discuss the importance of evaluation to education administration. (14 marks)

QUESTION FIVE

- a) Discuss the procedure for preparing for field Trip as a method of teaching. (10 marks)
- b) Discuss the advantages of using field Trip as a method of teaching? (10 marks)



